



ANNUAL REPORT 2022

Healthy Chesapeake is committed to building a culture of wellness that supports, sustains, and advocates for a healthier Chesapeake.

Letter from the Chairman of the Board and Executive Director of Healthy Chesapeake

***“Unity is strength...when there is teamwork and collaboration,
wonderful things can be achieved.”***

– Mattie Stepanek

Years 2021 and 2022 have continued to be as unsettling as 2020. COVID has continued to evolve, and so have the strategies to combat it. Social and political issues are challenging. Inflation is difficult. The impact of war is far reaching. We do live in times where we seem to be divided as a nation. The importance of physical, emotional, and spiritual health becomes even more significant.

In these tough times though, we have also seen the beauty and truth of Mattie’s words. Unity is strength – and can overcome obstacles. Teamwork and collaboration do make a difference and pave the way for wonderful things to occur. That is very clearly demonstrated in the City of Chesapeake in and through the work of the community partners that come together to help improve lives and make Chesapeake an exceptional place to live, learn, work, farm, and play. Each partner recognizes that weaving our strengths and talents together creates support, provides care, gives help, and helps all grow stronger. As Anita Moorjani so eloquently says, “In the tapestry of life, we’re all connected. Each one of us is a gift to those around us, helping each other to be who we are, weaving a perfect picture together.”

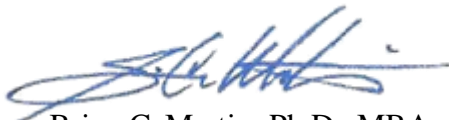
Our 2021-2022 annual report celebrates teamwork, collaboration, and unity. It is a testimony to the power of human connections. It rejoices for the spirit and actions of people to make a difference.

We are committed to our vision that Chesapeake becomes the healthiest city in Virginia. Healthy Chesapeake and our partners are working together to build a culture of health that provides everyone a fair and just opportunity for health. We stand for our values that **THREAD** us together to achieve these common goals – **T**eamwork, **H**ealth, **R**espect, **E**quity, **A**daptability, **D**ignity, and **S**ervice.

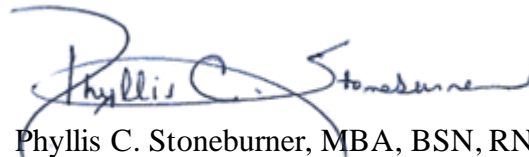
We will end with another quote from Mattie Stepanek, who died at the age of 13. He was an author with wisdom far beyond his years. He wanted to be remembered as a “poet, a peacemaker, and a philosopher who played”. He will also be remembered as a visionary.

“Even though the future seems far away, it is actually beginning right now.”

May we continue to build this healthy, bright, colorful future together.



Brian C. Martin, Ph.D., MBA
Chairman of the Board



Phyllis C. Stoneburner, MBA, BSN, RN, NEA-BC
Executive Director

Our Team

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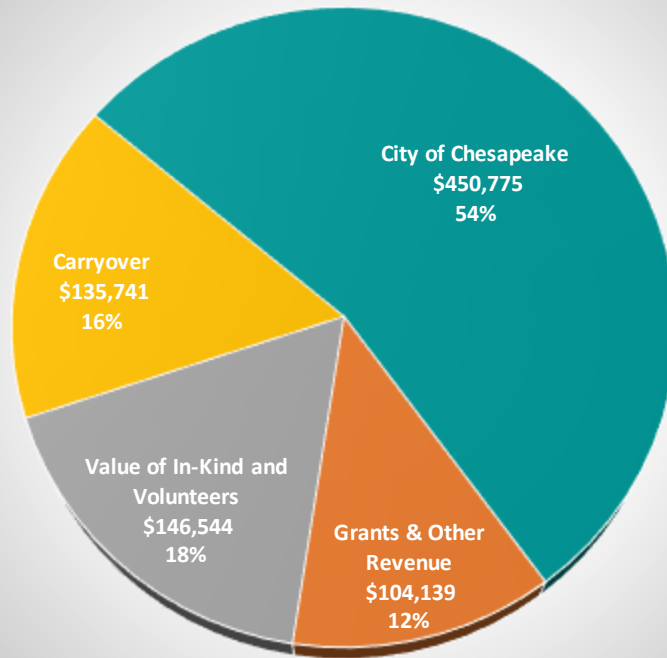
Strategic Development Manager

Cathy Rosenberger

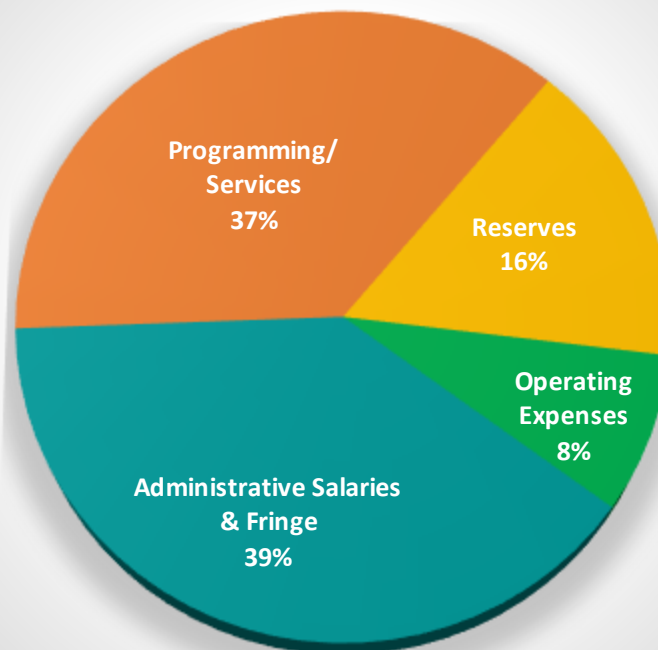
Administrative Services Manager

Financial Review

REVENUE AND IN-KIND



EXPENSES



The HUB

“We don’t heal in isolation, but in community.”
–S. Kelley Harrell

The HUB continues to meet weekly at our host site, Southside Baptist Church. This important education and support clinic for diabetes and hypertension management program is done in partnership with Access Partnership, Chesapeake Regional Healthcare, Chesapeake Mobile Integrated Healthcare Program (MIH), Kids, Kin 'n Caregivers, and the Chesapeake Health Department to address the medical, transportation, and social needs of referred patients.

The HUB is held as both four and eight-hour clinics. The HUB has continued to onboard between four to six new clients per month. A nurse practitioner, who is also a certified diabetic educator, has been added to the team by the generous support of Chesapeake Regional Healthcare (CRH). The NP has visited clients in their homes assisting with their needs. There have been increased referrals from CRH’s Transitional Care Clinic, CRH’s community medical staff providers, Anthem, and MIH, who reaches our homebound patients. Utilizing MIH’s platform, Julota, for analysis, there has been a 23% decrease in 911 calls for clients served. One client, not included in the analysis, dialed emergency services 38 times before attending the HUB. After becoming a client, they have called 911 only once.

“I received medical devices to monitor my blood pressure and my insulin.... I cannot afford these on my own.”

HUB Participant

Participants enter the program at different points in time throughout the year; accordingly, data regarding the participants’ HbA1C levels (A1C) are gathered every three months in the program to track their progress. From August 2021 to May 2022, baseline and follow-up A1C levels were collected from 20 clients after obtaining their consent. Of the twenty, 80% showed improvement in their A1C. The largest change was 13.9 to 8.3. The average improvement in A1C over baseline was 1.7 — ranging from 0.1 to 5.6. At the

baseline visit, about 36% of the cohort participants indicated that they had been patients in an emergency department (ER) and about 50% had been in a hospital overnight, at least once during the past three months. Notably, this incidence decreased to 21% each for emergency room visits and hospital overnight stays after being enrolled in the Hub program for at least six months.

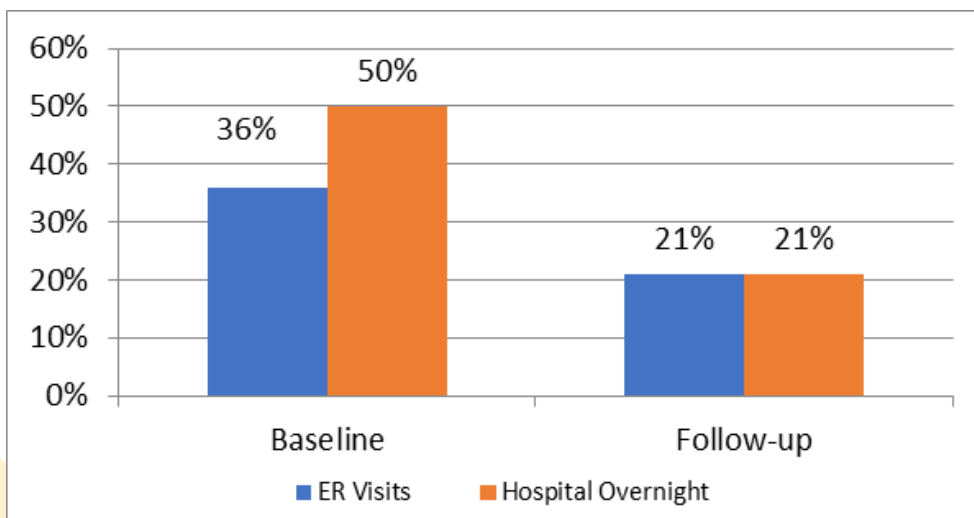


Figure 1: Changes in ER visits and Hospital Overnight stay pattern among the HUB participants.

"[staff name] was accommodating with information, directing me to different activities in the community, connecting me with a dentist and a primary care practice, and helping me get seen quickly."

HUB Participant

The majority of participants perceived the environment of the HUB to be friendly and the support staff as essential in promoting good mental health and encouraging the participants to do their best to improve their health.

Our relationship with the Foodbank of Southeastern Virginia and the Eastern Shore has continued to strengthen. Approximately 22,000 pounds of food – fresh fruits, vegetables, and proteins - were

distributed to clients, allowing many of our clients the flexibility to purchase their medications and pay other essential household expenses. Representatives from the Foodbank toured the HUB and were impressed with the services provided and the biometric indicators that are monitored. They liked the food security assessment performed with each new client on their first visit. They are discussing whether this could be the tool used more broadly. Healthy Chesapeake has formally joined Link2Feed, the Foodbank's Food Pantry Management Software. Participants considered the Foodbank program to be an excellent resource for them. They appreciated the dietary supplements (fruits, vegetables, and proteins) they received during each appointment and reported that these items helped them and their families.



Figure 2: Produce from the Women's Correctional Center Garden donated to HUB clients.

Demographic characteristics of HUB participants

Characteristics	%
Gender	
• Female	61.10
• Male	38.90
Race	
• White	38.90
• Black	61.10
Age	
• 44 or less	11.10
• 45- 64	33.30
• 65 and over	55.60



"The vegetables, fruits, and protein—all of that, I mean, it helps. I must pay for some medicine this week.... Now, I do not have to worry about groceries this week because what I got here is going to take care of it. So, the program always strikes a very nice balance, which helps."

HUB Participant

Food Distribution

*“The greatest good is what we do for each other.”
– Mother Teresa*

Healthy Chesapeake communicated scheduling opportunities for Chesapeake Public School Nutrition Services (SNS) summer meals and coordinated 143 volunteers to assist. 2021 SNS summer meal counts trended upward in June and significantly higher in July. August counts were lower, but meal delivery ended earlier than the previous year and the team reached 73% of the 2020 August counts in half the time in 2021. At a rate of \$28.54/hour, volunteer time is valued at \$8,162.44, based on Independent Sector’s 2021 report.



Figure 3: Courtesy of Chesapeake Public Schools Nutrition Services.

Also, in the summer of 2021, we conducted Project FoodWEB: surveying various food pantries throughout Chesapeake to ascertain their collective impact on and for the citizens and to assess level of need and areas of service. Volunteers from the Medical Reserve Corp and the Missionaries of The Church of Jesus Christ of Latter-day Saints gathered the survey data and assisted the food pantries with their mission. Old Dominion University’s Center for Global Health helped develop the survey and assisted with data aggregation. (98 surveyed)

The need for food pantries grew over the course of the COVID pandemic and continues to grow secondary to inflation and other factors. While the surveys took place in pantries across six zip codes, the food pantries that were most frequented were in zip code 23324 (52%), followed by 23325 (28%). The age ranges of the households served spanned from infant to seniors – with 84% reporting seniors living in the household and over 56% responding with children in the home. Over 27% of the households were grandparent(s) raising their grandchildren, with no other adult in the household. Over 77% of the participants had visited the pantry where they were surveyed at least once before, many have visited multiple pantries to meet their family’s needs. Our local food pantries are invaluable in serving the needs of the community.

Healthy Chesapeake continues to coordinate donations of hundreds of pounds of fresh produce to partners throughout the city including Helping Out Others Daily (HOOD) and Buffalow Family and Friends Community Days, supporting families in South Norfolk and Southern Chesapeake. Healthy Chesapeake also coordinated with the Foodbank and the Buffalow Family to donate over 900 pounds of produce and

meat to St. Paul’s United Methodist Church for the participants in their open food pantry. Through the relationship with Unite Virginia, Healthy Chesapeake has served a number of families with emergency food needs.



Figure 4: Supporting the Community with Food Distribution.

Garden2Table

“People working together in a strong community with a shared goal and a common purpose can make the impossible possible.”

– Tom Vilsack

There are currently eighteen community gardens, with number nineteen at the Chesapeake Public School’s Center for Student Success scheduled to bloom later in 2022. These community gardens give back in so many ways, from providing fresh produce to community members, to creating opportunities that decrease social isolation.

The Chesapeake Juvenile Services garden has grown in size this year and the vegetables are used as part of their new pilot cooking and certification curriculum. In addition, the educator and teens are also donating fresh produce to local food pantries for the first time! In mid-summer of 2021, Great Bridge High School’s Wildcat Farm surpassed 200 pounds of donated produce for the year, their biggest yearly amount in three years. Much was donated to the Virginia Cooperative Extension’s Plant-a-Row program.

Healthy Chesapeake purchased soil and supplies for a community garden installation at Deep Creek High School. The garden is being used by the Culinary Arts program, the Honor Society, Art classes, English, and Special Education. Each class has an active role in cultivating and harvesting produce from the garden. There are over 100 students maintaining the space and the produce harvested is being used by the Culinary Arts students. The Wood Shop classes built the beds for the garden and the Art Class painted a mural and the rain barrels for the project.



Figure 5: DCHS Students maintaining their garden.



Figure 6: VCE installing the hydroponic garden and the garden's bounty of lettuce.

Partnering with the Virginia Cooperative Extension, two new hydroponic gardens were installed: one at Major Hillard Library as part of their ongoing commitment to educating the public about gardening and the other at Deep Creek High School where vegetables will be incorporated into the Culinary Arts classes.

“Our customers are thrilled to see it. Some have even asked to taste the freshness. Thank you for allowing us to show our community what is possible.”

Vivian Washington, Manager at the Major Hillard Library

Healthy Chesapeake provided funds for seeds for the Chesapeake Public Library's Seed Program. During the past year, the Seed Library distributed over 1,311 seed packets to 487 residents and supported some of the Healthy Chesapeake community gardens. We also participated in the inaugural Chesapeake Seed Festival at Major Hillard Library with an instructional healthy cooking video, recipes, nutrition flyers, and ingredients for the participants to take home.

Healthy Chesapeake also continued the Spring seed program, supplying and supporting distribution of thousands of seeds to partners including Southeastern Virginia Training Center, Chesapeake Women's Corrections, South Norfolk Community Garden, and Atlantic Shores Christian School. Southeastern Virginia Training Center, Southeastern Cooperative Education Program, and the Chesapeake Master Gardeners grow hundreds of seedlings to be distributed to community gardens throughout the city, supporting the Garden2Table efforts and education within the community.



Figure 7: Seedlings are ready for pick-up at Southeastern Cooperative Education Program.



Figure 8: Community partners at work! Southeastern Virginia Training Center donated seasonal seedlings to the ForKids' Rooftop Garden.

Approximately \$10,000 worth of material was donated to support the beginning of the Clarence V. Cuffee Outreach and Innovation Library's Community Education Garden and Food Forest including shed, tools, harvest containers, and gardening equipment. Healthy Chesapeake applied for and received the AARP's Community Challenge Grant to expand the community garden, increase accessibility for seniors, and create a welcoming social gathering place. This grant will be operationalized in the Summer and Autumn of 2022.

A Chesapeake citizen contacted the Garden2Table network requesting help to build a personal garden box. The inquiring senior purchased the box materials but was unable to put it together. Replies of support were received from Great Bridge High School's National Honor Society and the Chesapeake Master Gardeners. A Master Gardener fulfilled the mission.



Figure 9: The Mobile Kitchen is stocked and ready for class.



Figure 10: Chesapeake Juvenile Services Garden provided radishes and Swiss chard to ForKids.

Nutrition and Utilization of Healthy Food

“Let food be thy medicine and medicine be thy food.”

–Hippocrates

Healthy Chesapeake’s Culinary Instructor led many sessions across the city to introduce healthy cooking and eating. Fourteen mini-educational sessions were held for the Department of Human Services during their Employee Appreciation Day, discussing the importance of meals, snacks, essential nutrients, and the impacts on health. Demonstrations were held for 140 employees to create healthy recipes, introduce new ingredients, and cross utilize ingredients for cost effectiveness.



Figure 11: Chef prepared snacks for Employee Appreciation Day.



Figure 12: Students in the Emissaries Group prepare delicious smoothies and overnight oats using fresh Fall ingredients

Nutrition classes

were also provided to the Department of Human Services’ Ambassadors (students in 6th to 8th grades) and Emissaries Groups (students in 9th to 12th grade), teaching 46 students the nutritional value of fruits and vegetables, specific to seasonal eating. The educational sessions were interactive, offering information to read aloud, and requiring feedback from the group, drawing on personal experiences and exposure. New ingredients and food items were introduced and discussed, and two action stations were provided for a hands-on experience.

The Chesapeake Public Library’s new Adulting 101 program was held in April at the Indian River Library. This workshop series was designed to help high school students acquire life skills that are necessary to be successful. A Healthy Cooking on a Budget workshop was held for low-cost menu planning and hands-on cooking. In addition, workshops were held on career readiness, money management, and car maintenance.

The Healthy Foundations Educational Program was piloted at Chesapeake Juvenile Services (CJS) as part of their Health and Physical Education courses. The program, to introduce healthy cooking and provide a workforce opportunity, started in April 2022 with two one-hour classes per week for six weeks. For many of the students, this was the first time in a kitchen and cooking. It became as much a lesson in decision making and creativity as it was about learning new skills. Thirty-two students started the program; but through attrition as teens were moved or were released from detention, seventeen completed the program. Of the seventeen, twelve successfully tested for their ServSafe® certificate, a 70.5% pass rate. The impact of the class was definitely evident when an emergency testing time was set up so two students could complete their tests prior to being released.

Healthy recipes specific to diabetes and heart disease, were developed and distributed HUB clients to support and encourage utilization of the healthy ingredients received at their visits. The recipes were also provided for use at the Buffalow Family and Friends food pantry drive-throughs and placed in the office lobby for distribution to community members and patients visiting the neighboring OB/GYN office.

ForKids

“We cannot live only for ourselves. A thousand fibers connect us with our fellowman.”
–Herman Melville

In mid-November, the Healthy Chesapeake team began meeting with ForKids leaders to discuss partnership opportunities to provide nutritional education and life skills development for both the community and the children and families at ForKids. This led to a robust discussion of how else we might partner to deliver healthy meals to ForKids’ students and shelter families. Under the leadership of our Healthy Chef Program Manager, Healthy Chesapeake has been supporting ForKids’ Birdsong Café since December with cooking and distributing meals to residents of Sokol Place and their after-school education programs. Healthy Chesapeake has hired and oriented staff, created menus, served specialized holiday meals, met and developed ongoing relationships with ForKids’ vendors, made weekly orders, organized, oriented, and supervised volunteers, and interacted with and developed a rapport with children/after school care, residents, and staff. From a statistical perspective, over 800 meals are being served per week.

Along with the ForKids staff, Healthy Chesapeake partnered with the Chesapeake Master Gardeners to redevelop the ForKids Rooftop Garden to incorporate fun and educational components, such as a pizza garden with herbs that are traditionally used on pizzas, as well as added a broader variety of vegetables, fruits, and edible flowers that can be eaten right in the garden and cooked in the café.



Figure 13: ForKids Rooftop Garden.

Black History Month was one of the important milestones celebrated with ForKids youth by teaching the history of why certain foods were highly utilized and the amazing impacts they have had on our American food culture. Two large bags of greens were donated from a farmer in Deep Creek to use on the menu.



Figure 14: The ForKids-Healthy Chesapeake Kitchen Team. Back: Sue, Kevin, Chef Johnny, Ryan. Front: Autumn and Chef Teresa.



Figure 15: Chefs Teresa and Johnny use carrots grown in the ForKids Rooftop Garden.

ForKids

The ForKids-Healthy Chesapeake chefs presented the development and implementation of the healthy meal program and included introduction of kitchen staff, nutrition discussion, implementation of the community garden ingredients, and our partnership with ForKids while serving fifty members of a Civic Leadership Group and eighty members of the ForKids staff.



Figure 16: Chefs Teresa and Johnny lead a healthy meal presentation at ForKids,

Community Events

“The greatness of a community is most accurately measured by the compassionate actions of its members.”

– Coretta Scott King

The power of partnerships to meet the needs of the citizens of Chesapeake is so important. It is impossible to list every event that Healthy Chesapeake participated in. We have highlighted below several of the events:

- Facilitated the donation of folders and binders to support the Airline Boulevard Corridor Back to School Basketball Tournament. Donors included Pastor Sampson and the St. Luke’s Thrift Store based in South Norfolk and were picked up by the Chesapeake Police Department, 4th precinct. (200 served)
- Sponsored the Zion Worship Temple Church Annual Back to School Giveaway for area youth in South Norfolk. Provided supplies including school supplies, athletic towels, hand sanitizers, health brochures, and pedometers. (50 served)
- Collaborated with Kin ‘N Kids and the Foodbank of Southeastern Virginia and the Eastern Shore for Kin ‘N Kids Grandfamilies’ Back-to-School Bash at St. Paul’s United Methodist. The Foodbank provided thirty assorted produce boxes and fifty nourish bags (which is a little over a pallet of food) and fifty \$25 Food Lion gift cards. (80 served)
- Supported Buffalow Family and Friends Community Days Back to School Bash by donating reusable water bottles to promote drinking water for inclusion in the backpack giveaway (300 distributed); Thanksgiving Feeding by purchasing 30 large cans of green beans and yams, replacing their electric can opener, and providing 13 tables for the drive-up distribution event (1600 served); and partnered with the Buffalow Family, Chesapeake Regional’s Lifestyle Center, and Chesapeake Health Department in a drive through food pantry and heart health event. Vaccinations, food pantry support, and samples were provided. Our Culinary Instructor made heart healthy samples to distribute with the recipes. (200+ served at each event) We continue to support their monthly food pantry events.



Figure 17: Buffalow Family Heart Healthy Event, CARE Program Manager, Danielle, offering Heart Healthy soup samples.

- Continued involvement with Chesapeake Regional Healthcare’s Wellness Wednesdays (2021 – monthly from June through November and quarterly in 2022) and annually attend National Night Out.
- Partnered with the Chesapeake Public Library and Chesapeake Public Schools to participate in a teacher in-service. Attendees included K-12 teachers, school media specialists, and school counselors. Provided resources to the teachers to support their children and upcoming school year including hand sanitizers, pencils, alcohol wipes, and tissues.
- First Responders feeding event in South Norfolk – in conjunction with Buffalow Family and Friends Community Days, served meals for Chesapeake Police Department’s 2nd precinct and the Chesapeake Fire Department’s 1st and 2nd precincts. (100 served)
- Joined Chesapeake R U Ready Coalition and the Cuffee Outreach and Innovation Library by hosting a table at the October Community Resource Fair introducing community gardens and outreach opportunities in the community.
- Took part in the National Start Walking Day at the Elizabeth River Park. It was a glorious day, and the event was very well attended.
- Participated in the “Let’s Go Campostella” event in May. This event was sponsored by the City of Chesapeake Mayor’s Task Force on Youth-Campostella and over 500 community members attended.
- Developed a relationship with the leaders of the Impact Church SoNo in South Norfolk and continue to support their Second Saturday Strong events each quarter with chronic disease education and programs on the utilization of healthy foods.



Figure 18: HC Executive Director, Phyllis, delivers food to our First Responders.

“We appreciate your willingness to assist us in providing resources for healthy living. Kudos to Chef Teresa, she did a fantastic job; we learned a lot, and everyone thought her presentation was great and the food was delicious...for many who never tried quinoa, they thought it was pretty tasty and stated they will incorporate it in their own meal plans. Cathy and Danielle, thank you for all your help!! Looking forward to working with you all again!”

Sister Tracy Bass, Impact Church SoNo

Coalition Development

“There is immense power when a group of people with similar interests get together to work towards the same goals.”

– Idowu Koyenikan

The **Early Childhood Coalition**, part of the Chesapeake Department of Human Services’ plan, has been created to provide critical prevention and early intervention strategies to improve maternal and child health outcomes and developmental goals for young children and their parents. The goal is to set the stage for early success and dovetails nicely with Chesapeake’s R U Ready and EVMS’ Minus 9 to 5 programs. A pilot program has begun with, our partners, Chesapeake Regional Healthcare, the Chesapeake Health Department’s Baby Care program, Children’s Health Investment Program–South Hampton Roads, and Catholic Charities, increasing home visitation referrals to assist our uninsured and underinsured mothers and children.

The **Breast Health Coalition** includes Chesapeake Regional Healthcare (CRH), Chesapeake Health Department (CHD), Dominion Radiology Associates, and Healthy Chesapeake. This Coalition collaborates to address strategies and advocacy efforts to improve breast health for Black women in our service area. The Coalition also works with the Susan G. Komen® Stand for H.E.R. (Health Equity Revolution) Program. [Closing the Breast Cancer Gap: A Roadmap to Save the Lives of Black Women in America](#), (a study by Susan G. Komen® with support from John Snow, Inc., published in 2021), noted that Black women are approximately 40% more likely to die of breast cancer than White women. They are also more likely to be diagnosed at a later stage. Building on the excellent existing programs at CRH, such as their mobile mammogram program, CHD's Every Woman's Life program, and Dominion Radiology Associates initiatives, this collaborative group has developed and implemented multiple action items to increase screening/access to care and genetic counseling, including new online mammogram appointments. Work will be ongoing in 2022.

In partnership with Healthier 757 and the Chesapeake Public Library, Healthy Chesapeake formed the **Chesapeake Health Literacy Coalition**. Partners in this Coalition include Chesapeake Regional Healthcare, Chesapeake Health Department, Chesapeake Integrated Behavioral Health, Chesapeake Juvenile Services, Chesapeake Human Services, Early Childhood Program, Chesapeake Public Library, and

Chesapeake Regional Housing Authority. The coalition finalized a monthly general and health education calendar and strategies to provide consistent, evidence-based information across the city of Chesapeake. Healthier 757’s *Rewards for Healthy Living*’s educational platform has information on a variety of health topics including heart health, addiction, colorectal cancer, nutrition, women’s, and men’s health issues.

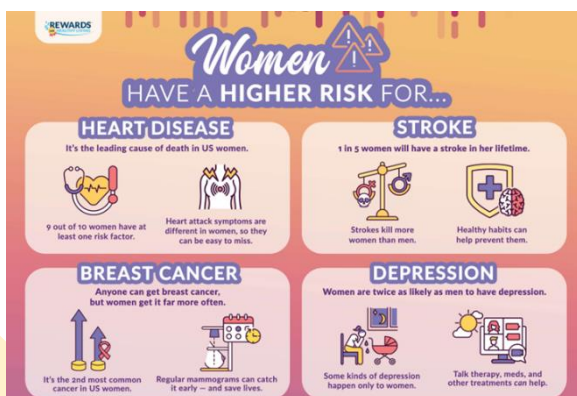


Figure 20: Example of Health Literacy information and, right, QR code to register



Together

“Individually we are one drop. Together we are an ocean.”

– Ryunosuke Satoro

The work with our partners brings the power of the ocean, which cannot be underestimated. Every drop in the ocean counts. We each have strengths, and together we help each other react to the shifting tides and lift each other up. Our partnerships allow us to achieve wonderful things, by augmenting and amplifying each other’s work. Our deepest appreciation also goes out to our many partners and the citizens of Chesapeake. Collectively we will make Chesapeake the healthiest city in Virginia.



- AARP
- ABBA List
- Access Partnership
- Atlantic Shores Christian School
- Bethany Baptist Church
- Brock Institute for Community and Global Health
- Buffalow Family and Friends Community Days
- Cambridge Square Senior Apartments
- Catholic Charities
- Chesapeake Area Shelter Team (C.A.S.T.)
- Chesapeake Care Clinic
- Chesapeake Commission on Health & Wellbeing
- Chesapeake Commonwealth Attorney’s Office
- Chesapeake Fire Dept. & Emergency Services
- Chesapeake Human Services
- Chesapeake Integrated Behavioral Health
- Chesapeake Juvenile Services
- Chesapeake Master Gardeners
- Chesapeake Meals on Wheels
- Chesapeake Medical Reserve Corps
- Chesapeake Mobile Integrated Health Program
- Chesapeake Police Department
- Chesapeake Public Library
- Chesapeake Public Schools
- Chesapeake School Nutrition Services
- Chesapeake Redevelopment & Housing Authority
- Chesapeake Regional Transitional Care Clinic
- Chesapeake Sherriff’s Department
- Chesapeake Task Force on Aging
- Children’s Health Investment Program (CHIP) – South Hampton Roads
- Culinary Institute of Virginia
- Dominion Radiology Associates
- Foodbank of SE Virginia & the Eastern Shore
- ForKids
- Glick Philanthropies
- Governor’s Pointe Apartments
- Hampton Roads Community Foundation
- Healthier 757
- Heron’s Landing
- Historic South Norfolk
- House of Blessings
- Hunters for Hungry
- Impact Church SoNo
- Just Serve
- Kemet House
- Kin and Kids Consulting
- Meals on Wheels
- Messiah United Methodist Church
- Minus 9 to 5 Program, EVMS
- Now You’re Cooking
- Old Dominion University Center for Global Health
- Operation Blessing
- Portlock United Methodist Church
- The Rivers, Lawson Properties
- Senior Living Guide
- Senior Services of Southeastern Virginia
- Southeast Virginia Community Foundation
- Southeastern Cooperative Educational Program
- Southeastern Virginia Training Center
- Southside Baptist Church
- Starling Village
- St. Paul’s United Methodist Church
- Susan G. Komen, Stand for H.E.R.
- Tidewater Community College
- Tidewater Family Plus Magazine
- Tidewater Food Alliance
- Virginia Cooperative Extension
- YMCA of South Hampton Roads
- Zion Worship Temple Church

Grant Activity

Healthy Chesapeake has managed existing grants and sought additional funding support throughout the year as well as supported Chesapeake partner agencies with their applications for grants and referred grant opportunities to partners as appropriate.

- Awarded \$9,500 from the Glick Community Relief Fund, for Activity Bag program to combat social isolation and maintain and to expand Community Gardens.
- Received \$500 from the City of Chesapeake's Commission on Health and Well-Being.
- Received \$30,000 from the Hampton Roads Community Foundation for an additional year of funding for the HUB Clinic's "Collaborative and Holistic Bridge Program" to reduce chronic disease.
- Awarded \$11,714 from the 2022 AARP Community Challenge Grant for Livable Communities program, to expand the community garden and fund age-friendly adaptive equipment that would make the Education Garden at the Clarence V. Cuffee Outreach and Innovation Library accessible to seniors and others in the neighborhood. We were one of 260 grantees selected from over 3,200 applications.



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