



OAK GROVE PARK

NOVEMBER 2020



Welcome **Ingrid "Jo" Phillips**, our new Coalition Co-Chair. Mrs. Phillips is the Chesapeake Fire Department's Mobile Integrated Healthcare (MIH) Program Manager. Her initiative, vision, and collaborative efforts led to the City of Chesapeake being the first truly integrated program in Hampton Roads.

A very special thank you to **Wendy Schofer** for her tenure as Co-Chair. Dr. Schofer will continue to support Healthy Chesapeake as a member of its Board of Directors.

Our Diabetes & Hypertension management program, the Hub, continues to grow, now serving 25 clients. We've also hit the one-year mark of our *Food is Medicine* pilot. Supplied by the **Foodbank of Southeastern Virginia and the Eastern Shore**, we have distributed more than 14,000 pounds of food. We have also added new team members, Tracy Hatfield Yoda, Registered Dietician/Nutritionist and Certified Diabetes Care and Education Specialist, with **Chesapeake Regional's Lifestyle Center** and Laura Puckett, with **Access Partnership**, who helps with navigation and client referrals.



When the COVID-19 crisis altered how farmers markets were operating, Healthy Chesapeake and **Disappearing Deserts** joined to create an online farmers market. We also sought to make healthy options available in areas with low food access, known as food deserts and food swamps. Customers requested and prepaid orders online and picked up at designated areas throughout the city, staying in their vehicles. Through this platform, customers were also able to donate food with the *Feed it Forward* initiative. To date, **250 pounds** of fresh produce have been purchased for donation. A great deal of effort and precautions were made by farmers to comply with the Governor's Executive Orders for safety, farmers were very industrious and persevered. We are proud to be a part of it.



## CONGRATULATIONS

Congratulations **Danielle Porzig**, our CARE Program Manager, for being selected as a presenter at this year's American Public Health Association (APHA) conference. This year's meeting, scheduled to be in San Francisco, was held virtually due to the pandemic. Her presentation, titled *Community-Based Partnership for Chronic Disease Management, A Pilot Study*, was in collaboration with the **Chesapeake Health Department, Chesapeake EMS, ODU Center for Global Health, and Access Partnership**. Danielle also was asked to moderate a session focusing on the challenges of reducing chronic health for public health professionals, sustainability of cardiovascular programs, examining medication adherence, health literacy & use of technology among minorities with hypertension, and identifying priorities for hypertension-insights from a community advisory board.




**Way to go, Danielle!**



We're All  
In This  
Together



Population Health Arm for the Chesapeake Health Department  
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**Great Bridge High School's** Wildcat Garden continues to thrive. Fifteen (15) volunteers including students, faculty, parents, and a **Great Bridge Rotary Club** member cleared their summer growth for winter crops and planted five apple trees and a pear tree.



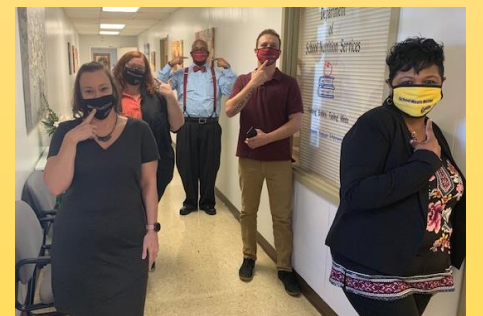
Twenty (20) raised beds were installed for the senior residents at **The Crossings** and **Kemet House** communities allowing the residents areas to take in the fall sun and safely work outside. The **City of Chesapeake 55+** team will facilitate safe participation.



Healthy Chesapeake facilitated donations of 1,187 pounds of fresh produce to the **Chesapeake Master Gardeners** and **Virginia Cooperative Extension's** Plant a Row for the Hungry initiative.

- 204 pounds were donated from the Online Farmers Market Feed It Forward initiative
- 983 pounds were donated from Healthy Chesapeake's community gardens

Congratulations to VCE and the Master Gardeners for surpassing their goal of 10,000 pounds!



We are proud to support **Chesapeake Public Schools Nutrition Services**. The MIH Program donated 440 new masks and Healthy Chesapeake had them adorned with "School Meals Matter" and the CPS logo. Currently, meals are served curbside at all 45 schools free of charge providing food for 7 days a week. Anyone under 18 qualifies. Visit their website for more info.

## Chesapeake! We have you covered!

# COVID RESOURCE FAIR

In September, Healthy Chesapeake partnered with many community stakeholders at COVID Resource Fairs. What a wonderful joint event providing our citizens resources like masks, hand sanitizer, food boxes, library books, grow bags, youth crafts, and educational materials. Approximately 600 participants attended four events. Special thanks to the many entities for procuring supplies to keep us safe.



### Community Partners

- Chesapeake Fire Department and Emergency Medical Services
- Foodbank of Southeastern Virginia and the Eastern Shore
- Chesapeake Redevelopment & Housing Authority
- Girl Scouts of the Colonial Coast
- Chesapeake Integrated Behavioral Health
- Chesapeake Regional Medical Center
- Chesapeake Health Department
- Chesapeake Public Library
- Chesapeake Master Gardeners
- Chesapeake Medical Reserve Corps
- Virginia Cooperative Extension



It was a beautiful day at **Kemet House** to celebrate the residents' October birthdays! Thank you **Chesapeake's 55+, Silver Tree Seniors,** and **Tidewater Arts Outreach** for collaborating!